

BUCK-I-SERV

TRAVEL | LEARN | SERVE

Preparing and delivering specialized meals to those with life altering illnesses

Overview: Food & Friends designs meals that meet the special dietary needs of persons living with a broad range of illnesses including HIV/AIDS, cancer, and other life-challenging illnesses across the DC metro area. Food & Friends also provides nutrition counseling and friendship to clients and community members facing poverty and homelessness.

Day-to-day: Participants will package and deliver meals to Food & Friends clients around Washington D.C., serve at the food bank preparing meals, and visit with clients throughout the day.

The Nitty-Gritty Details:

Participants will stay in bunk rooms at the hostel where sheets and pillows are provided. Showers are available at the hostel. Continental breakfast is provided each morning at the hostel. The group will be provided with a small budget for groceries for all other meals. Participants should plan to spend additional funds on food for the week.



SPECIFICATIONS

Location: Washington D.C.

Price: \$200

Trip Price includes:

- Transportation
- Housing
- Program Fees
- Tools/supplies needed for service

Transportation: Participants will travel by a 10-person van to the destination. The van will be used throughout the week for local transportation.

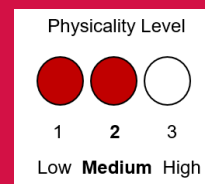
Housing: Hostel

Meals: Some meals provided

Social Justice Topics:

- Hunger
- Poverty
- Health and Wellness

Physicality Level: 2



Buck-I-SERV
1739 N. High Street
Columbus, OH 43210
buck-i-serv@osu.edu