

## COMMUNITY SERVINGS & THE DAILY TABLE

**Overview:** Community Servings is a not-for-profit food and nutrition program providing services throughout Massachusetts to individuals and families living with critical and chronic illnesses. Community Servings gives clients, their dependent families, and caregivers appealing, nutritious meals, and sends the message to those in greatest need that someone cares. At Daily Table they believe that delicious, wholesome and affordable food should be available to all. We are on a mission to help communities make great choices around food by making it easy for them to choose tasty, healthy, convenient and truly affordable meals and groceries. Daily Table honors the customer, engendering dignity.

**Day-to-Day:** Volunteers will serve 9am-12pm at Daily Table then serve 1pm-5pm at Community Servings. The majority of the work will take place in a kitchen. Tasks include prep work such as cutting fruits and vegetables and packaging and labelling food. Group members will also visit with clients and build community within the centers.

**The Nitty Gritty Details:** Volunteers will need to bring own bedding as none will be provided at the housing site. Food is not included in the trip price. However there is a kitchen at the housing site and the group will have a small budget for groceries to cook their own breakfast, dinners and pack sack lunches each day. The group can also purchase food from Daily Table.



## SPECIFICATIONS

**Location:** Boston, MA

**Price:** \$325

**Price includes:**

- Transportation
- Housing
- Program fees
- tools/supplies needed for service

**Transportation:** Participants will travel by a 10 person van to the destination. The van will be used throughout the week for local transportation

**Housing:** Church

**Meals:** Not Included

**Social Justice Issue:**  
Hunger, Poverty, Nutrition

**Physicality Level:** Low

*Buck-I-SERV*

*1739 N. High Street*

*Columbus, OH 43210*

*(614) 247-2525*