

## FOOD & FRIENDS

**Overview:** Food & Friends designs meals that meet the special dietary needs of persons living with a broad range of illnesses including HIV/AIDS, cancer and other life-challenging illnesses across the DC metro area. Food and Friends also provides nutrition counseling and friendship to clients and community members facing poverty and homelessness.

**Day-to-Day:** Trip participants will package and deliver meals to Food and Friends clients around Washington, D.C., serve at the Food Bank preparing meals and visit with clients throughout the day.

**The Nitty Gritty Details:** Participants will stay in bunk rooms at the hostel where sheets and pillows are provided. Showers are available at hostel. Continental breakfast provided each morning at the hostel. The group will be provided with a small grocery budget for all other meals. Participants should plan to spend additional funds on food for the week.



## SPECIFICATIONS

**Location:** Washington D.C.

**Price:** \$335

**Price includes:**

- Transportation
- Housing
- Program fees
- Tools/supplies needed for service

**Transportation:** Participants will travel by a 10 person van to the destination. Public transportation will be used around the city.

**Housing:** Hostel

**Meals:** Most meals not provided

**Social Justice Issue:**

Hunger, Homelessness, Poverty, HIV/AIDS, Health

**Physicality Level:** Medium

*Buck-I-SERV*

*1739 N. High Street*

*Columbus, OH 43210*

*(614) 247-2525*