

Coaching and encouraging athletes with intellectual disabilities in a wide variety of sports

Overview: As the world's largest sports organization, Special Olympics uses the power of sports to help people with intellectual disabilities discover new strengths, abilities, skills, and success. Ultimately, the message that Special Olympics wishes to spread is this: people with intellectual disabilities can and will succeed when given the chance. Upon returning, the students should have a better understanding of the mission of Special Olympics: to give continuous opportunities to athletes with disabilities in order for them to develop physical fitness and demonstrate courage as well as the experience of joy and sportsmanship fostered in athletic competition.

Day-to-day: Participants will be given the opportunity to coach, referee, and encourage athletes eight years of age or older with intellectual disabilities in a wide variety of sports. Whether your interests lie in soccer or bowling; cycling or basketball, Special Olympics Baltimore has a sport for you. Additionally, you might help set up athletic practices and events so that the athletes can have the best experience possible

The Nitty-Gritty Details: Participants will stay in a church, and should bring their own bedding. Meals are not provided, but the participants will be given a small budget for groceries to make their meals. Participants should bring additional funds for other meals.



SPECIFICATIONS

Location: Baltimore, MD

Price: \$290

Trip Price includes:

- Transportation
- Housing
- Tools/supplies needed for service

Transportation: Participants will travel by a 10 person van to the site. The van will be used throughout the week.

Housing: Church

Meals: No meals provided

Social Justice Issue:

10 REDUCED INEQUALITIES



3 GOOD HEALTH AND WELL-BEING



Physicality Level: Medium

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