Assisting the American Hiking Society to upgrade and repair trails to preserve the environment for future generations

**Overview:** The American Hiking Society (AHS) is the nation’s leading hiking organization dedicated to maintaining and improving foot trails and their surrounding natural areas. Through their conservation work, AHS strives to promote healthy living and a greater appreciation for nature. This park is known for its rare and delicate estuarine environment, where freshwater and saltwater meet to create a rich habitat for marine and plant life. It is on the York River and is designated as a Chesapeake Bay National Estuarine Research Reserve. The pristine environment offers clues to a rich natural and cultural history and hosts fossil beds and Colonial and Native American artifacts. More than 30 miles of hiking, mountain biking and equestrian trails allow visitors to explore the marsh, river shoreline and forests.

**Day-to-day:** Volunteers will be upgrading the trail system within the park, repairing damage to the trails resulting from weather or overuse, and will also have the opportunity to learn about water shedding techniques and how to integrate them into the trail system.

**The Nitty-Gritty Details:** Be aware that the group will hike during service each day and the service work is fairly physical. Meals are not included at the site. The group will have a small grocery budget but participants should bring additional funds for some meals.

**SPECIFICATIONS**

- **Location:** Williamsburg, VA
- **Price:** $150

**Trip Price includes:**
- Transportation
- Housing
- Tools/supplies needed for service

**Transportation:** Participants will travel by a 10 person van to the site. The van will be used throughout the week.

**Housing:** Park Cabins

**Meals:** No meals provided

**Social Justice Issue:**

- Physicality Level: High

**Trip Fee is reduced thanks to Coca Cola Discovery Funds**

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**Virginia Association for Parks**

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