

## NORTH TEXAS FOOD BANK

**Overview:** The North Texas Food Bank (NTFB) is a Dallas nonprofit hunger relief organization that distributes donated, purchased and prepared foods through a network of more than 250 Partner Agencies in 13 counties. As a member of Feeding America, NTFB support the nutritional needs of children, families and seniors through education, advocacy and strategic partnerships. In a place famous for abundant and luscious home-cooked meals, hunger is rampant. NTFB provides access to nearly 175,000 nutritious meals every day; and 62 million nutritious meals last year. The North Texas Food Bank provides access to food at more than 1,100 feeding locations and educational programs throughout their service area.

**Day-to-day**: Participants will be helping to prepare and deliver meals around the Greater Dallas area. Service hours will be from approximately 9:00 AM-5:00 PM with a possible evening service to serve meals.

The Nitty-Gritty Details: Participants will stay with a host family in their home within the Dallas area. Men and Women will sleep in separate bedrooms. Meals are not provided by the housing or service sites but the group will be given a small grocery budget to purchase food and make meals throughout the week. Participants should expect to spend additional funds on some meals especially for travel days to and from Dallas, Texas.



## **SPECIFICATIONS**

Location: Dallas, TX

**Price:** \$275

**Trip Price includes:** 

- Transportation
- Housing
- Tools/supplies needed for service

**Transportation:** Participants will travel by a 10 person van to the destination. The van will be used throughout the week for local transportation.

**Housing:** Host Family

Meals: Not Included

**Social Justice Issue:** 

Hunger, Poverty

**Physicality Level: 1** 

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