American Hiking Society, Douthat State Park: VIRGINIA

Overview:
The American Hiking Society is the nation's leading hiking organization dedicated to maintaining and improving foot trails and their surrounding natural areas. Through their conservation work, AHS strives to promote healthy living and a greater appreciation for nature. This trip addresses environmental and sustainability social justice issues. Douthat is listed on the National Register of Historic Places for the role its design played in the development of parks nationwide.

Day-to-day:
Volunteers will conduct trail maintenance activities on the 43 miles of existing trails at Douthat State Park. Service tasks may include state park debris clean up, removing invasive plant species, trail maintenance, and any other projects that come up as the service date comes closer. Volunteers can expect to hike up to 6 miles each working day to complete these tasks. Be aware that the work site is a 1 mile hike to and from the lodge and participants are expected to make this trek each day.

Nitty-Gritty Details:
Sleeping bag, pillows, blankets are recommended. Cell phone service should not be an issue. Long sleeves, pants, and hiking shoes/boots are recommended as most service will be done in a wooded area. Only snacks and water will be provided. The BIS group will be responsible for purchasing and preparing all other meals.

SPECIFICATIONS
Location: Millboro, VA
Housing: Lodge
Price: $275
Trip Price includes:
- Housing
- Program fees
- Tools/supplies needed for service
Transportation:
Participants will travel by a 10 person van to the destination. The van will be used for local transportation throughout the week.
Social Justice Issue:
Environmental
Physicality Level: 3