**Overview:** The American Hiking Society is the nation’s leading hiking organization dedicated to maintaining and improving foot trails and their surrounding natural areas. Through their conservation work, AHS strives to promote healthy living and a greater appreciation for nature.

**Day-to-day:** Potential projects include implementing 2 trail reroutes, building 2 new short trails, and performing trail restoration on approximately 7 miles of trail. Volunteers can expect to hike up to 4 miles each working day to complete these projects. Volunteer groups will have access to activities such as archery, wagon rides, guided “night owl hike”, and other park programs.

**The Nitty-Gritty Details:** Participants on this trip will be staying in a lodge/cabin at James River State Park located in the rolling hills of Buckingham County, Virginia along the James River. Meals are not included, but a small budget for groceries will be provided for preparing some meals. Participants should expect to bring additional funds for some meals. Participants on this trip will enjoy hiking in the park during free time and it will be noted that cell service might not be available.